The process for accessing a Developmental Paediatrician to assess my 5 year-old daughter has been time consuming and fruitless.

It has been 1 year since attending the GP to be referred to a specialist. Every private specialist contacted was either not taking new patients or booked out. None would take my name for a wait-list.

Her school referred her to the Child Development Centre who have informed me it will be a 2 year wait to see their Paediatrician, and I would be better off seeking a private referral which I had already done anyway.

And now I've come full circle and I am back at the GP with a specialist referral that has expired because it has been 1 year since first attending the GP.

As a parent it feels like I am back where I started, a rather hopeless feeling.

I am considering travelling interstate for a Paediatrician appointment in Victoria.